

## REVIEW

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## Facts and Comments 2016

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### Abstract

The descriptions and assessments relate, specifically to events from December 2015 to October 2016, and to the latest literature, from 2014 to 2016. The contents cover, in order, recollections of important personalities in martial arts who have departed; scientific advancements and promotion in martial arts; awards and decorations; the admission of new members to the Idokan Poland Association (IPA); conferences and other important events. These are followed by information on new publications and brief reviews. It contains not only factual material, but also evaluation resulting from the selection of events and literature, as well as assessments of substance.

### Obituaries / Odeszli

*Soshu Shigeru Oyama* 10 dan, founder of *Oyama karate*, has passed away (07.07.1935-14.02.2016). A. Piorko-Pawlinski wrote about this Grand Master in vol. 5 of the Journal.

*Shihan Wiesław Gwizd* (1958-21.06.2016), MA in physical education, an excellent *karateka* (5 dan karate, and 1 dan *ido* – higher rank of mastery in martial arts), and, according to Wojciech J. Cynarski, probably technically the best practitioner in Poland. He was also a trainer, organizer, a leader of *Shinkyokushin* in Poland, member of the IPA, as well as a noble and good man. He will be remembered for his great *karate* demonstration at the II Gala of the World Congress of Combat Sports and Martial Arts in Rzeszow in 2010.

### New Scientific and Martial Arts Degrees / Awanse naukowe i w sztukach walki

*Prof. Dr hab.* (the Academic Full-Professor title) for Wojciech J. Cynarski, in the sciences of physical culture (photos 1 and 2)

*Prof. Dr hab.* Wojciech Zablocki (PL) – GM of 10<sup>th</sup> degree / 10 dan in Polish Traditional Sabre Fencing with the honorary title: Grand Master of Sabre in the Polish Fencing Tradition similar to the *hanshi* title, IPA)



**Photo 1.** The President of the Republic of Poland Dr Andrzej Duda presents Prof. Wojciech J. Cynarski with the diploma of full-professor of physical culture [courtesy of E. Radzikowska-Bialobrzaska / KPRP]



**Photo 2.** Prof. Cynarski with his family and the President of Poland. The Presidential Palace, Feb. 23, 2016 [courtesy of E. Radzikowska-Bialobrzaska / KPRP]

*Meijin* Lothar Sieber (D) – 10 dan *karate-do* (SWKO, photo 3)



**Photo 3.** L. Sieber 10 dan, H. Weitmann 9 dan, Heiko Hofmann 5 dan [courtesy of H. Weitmann].

*Hanshi* Gerardo Cantore (RA) – 10 dan *aiki-jujutsu* (Noppon Kobudo Rengokai, USA)

*Shihan* Harald Weitmann (D) – 9 dan *karate-do*, 6 dan *kobudo* (IPA, photo 3)

Mr Hubert Sturm (D) – 9 dan *judo* (BJV, Germany)

Mr Bernard A. Lalandre (FR) – 9 dan *bujutsu ido* (IBA, UK)

Prof. Dr Zbigniew Czajkowski (PL) – GM of 9<sup>th</sup> degree / 9 dan in Polish Traditional Sabre Fencing and the honorary title: Grand Master of Sabre in the Polish Fencing Tradition (similar to *hanshi*)

Mr Zbigniew Sawicki – GM of 9<sup>th</sup> degree / 9 dan in Polish Traditional Sabre Fencing and the honorary title: Grand Master of Sabre in the Polish Fencing Tradition (like *hanshi*)

*Shihan* Stanislaw Cynarski (PL) – 8 dan *aiki-jujutsu* *Yoseikan Yoshin-ryu* (IPA), and 9 dan, *hanshi* (SWKO)

Dr Marcin Zablocki – Master of 8<sup>th</sup> degree / 8 dan in Polish Traditional Sabre Fencing and the honorary title: Master of Sabre in the Polish Fencing Tradition (similar to the *kyoshi* title, IPA)

Prof. Dr Abel A. Figueiredo (P) – 7 dan *karate Gojuryu* (*Gojukai*, and *Seiwakai*), *kyoshi*

Dr hab. Prof. Zbigniew Borysiuk – Master of 7<sup>th</sup> degree / 7 dan in Polish Traditional Sabre Fencing and the honorary title: Master of Sabre in the Polish Fencing Tradition (similar to *kyoshi*)

Dr hab. Prof. Maciej Luczak – Master of 7<sup>th</sup> degree / 7 dan in Polish Traditional Sabre Fencing and the honorary title: Master of Sabre in the Polish Fencing Tradition (similar to *kyoshi*)

Dr Gabriel Szajna – Master of 7<sup>th</sup> degree / 7 dan in Polish Traditional Sabre Fencing and the honorary title: Master of Sabre in the Polish Fencing Tradition similar to *kyoshi* (photo 4)

Mr Artur Krzyzanowski (PL) – 7 dan *karate Shoto-kan* (World Budo Karate League)

Dr Jaroslaw Jastrzebski (PL) – 6 dan *aiki-jujutsu* (*Yoseikan Yoshin-ryu*)

Jacques Pou (FR) – 6 dan *aiki-jujutsu*, 5 dan *iaido* (WTMF)

Ernesto Llamas-Ferrer (CU) – 6 dan *aiki-jujutsu*, 3 dan *iaido* (WTMF)

Olivier Gustin (FR) – 6 dan *aiki-jujutsu Takeda-ryu Maroto-ha* (WTMF)

Arnaud Vangheluwe (FR) – 6 dan *aiki-jujutsu* (WTMF)

Charles Spring (UK) – 6 dan *karate-do, renshi* (IPA)  
Wolfgang Krotz (D) – 5 dan *jujutsu* (*Yoshin-ryu*, DDBV)

Christian Barnavol (FR) – 5 dan *iaido* and *kyoshi* title in *aiki-jujutsu* (WTMF)

Serge Charlopeau (FR) – 5 dan *iaido* (WTMF)

Heiko Hofmann (D) – 5 dan in kick-boxing (DJJR)

Rene Pachurka (FR) – 3 dan *iaido* (WTMF)

Pawel Szlachta (PL) – 3 dan *karate Idokan* (IPA)

### New Members of the IPA / Nowi członkowie SIP

Prof. Dr **Thomas Green** (USA) and Prof. Dr **Taketo Sasaki** (JAP) have become honorary members of the IPA.

Assoc. Prof. Dr Jean Firica (RO), specialist in PE and sport, history

Assoc. Prof. Dr Maciej Luczak (PL), history of physical culture, 7 dan in Polish Traditional Sabre Fencing

Assoc. Prof. Dr Jacek Wasik (PL), physical culture and biomechanics, 4 dan *taekwon-do*

Dr Jaromir Grymanowski (PL), physical culture, tourism and recreation, fencing, self-defence and boxing instructor

Dr Pawel Swider (PL), history of physical culture, history

Dr Marcin Zablocki (PL), architecture, 8 dan in Polish Traditional Sabre Fencing

Mr Charles Spring (UK), pedagogy, 6 dan *karate*  
Mgr Wided Ben Messaoud (TN), social sciences of sport, *karatedo* instructor, 2 kyu

Mgr Magdalena Bednarz (PL), tourism and recreation

Lic. Lidia Kwiatkowska (PL), law and public administration





**Photo 4.** From the left: GM Sawicki 9 dan, Dr *hab.* Borysiuk 7 dan, Dr Szajna 7 dan, and Prof. Cynarski. Certificates for master degrees in Polish Traditional Sabre Fencing. Rzeszow, IPA 23<sup>rd</sup> General Assembly [courtesy of Dr Szajna].

### Awards / Nagrody i odznaczenia

Rzeszow (PL), April 9, 2016. The award of the following titles was announced. GM and Masters of Polish Traditional Sabre Fencing for: Wojciech Zablocki, Zbigniew Czajkowski, Zbigniew Sawicki, Marcin Zablocki, Zbigniew Borysiuk, Maciej Luczak, and Gabriel Szajna. Certificates and statuettes were awarded to: GM **Sawicki** 9 dan, Dr *hab.* **Borysiuk** 7 dan and Dr **Szajna** 7 dan (photo 4).

Warsaw, May 3, 2016. Dr Andrzej Duda, the President of Poland, presented Prof. Dr *hab.* **Michal Kleiber**, ex-president of the Polish Academy of Sciences, with the highest Polish distinction – the Order of the White Eagle. This was the 225th anniversary of the Constitution of May 3 (the first constitution in Poland and in Europe).

Hockenheim (D), May 15, 2016. Prof. **Keith Kernspecht** was presented with the Medal for Extraordinary Achievements in Martial Arts (EMAC) and the title “Professor” by Prof. Cynarski.

Rzeszow (PL), May 21, 2016. Prof. Dr *hab.* **Jan Szmyd**, an eminent philosopher, received the 20<sup>th</sup> Anniversary of the IPA Medal.

Sosnowiec and Poznan (PL), June 2016. Dr Szajna presented Prof. Dr **Zbigniew Czajkowski** the certificate of 9 dan in Polish Traditional Sabre Fencing and Prof. Dr **Maciej Luczak** with 7 dan (photos 5-6).

Rzeszow, August 29, 2016. Dr Jan Slopecki presented Prof. **Cynarski** with the Gold Medal of Honour IPA (no. 1) and the Chivalrous Order *Homo Creator Nobilis* of the European Nobility Club (no. 10) for his merit in science, teaching and organisational work [cf. photos 7-8]. In Poland, formally speaking, every nobleman had the rank of *baron*. The Order *Homo Creator Nobilis* is evidence of special recognition in the scientific community of today’s aristocracy.



**Photo 5.** GM Czajkowski in his flat [courtesy of Dr Szajna].



**Photo 6.** Prof. Dr Z. Borysiuk, Dr G. Szajna and Prof. Dr M. Luczak, during a conference in Poznan [courtesy of Dr G. Szajna].



**Photo 7.** 15th anniversary of the University of Rzeszow. Rector Prof. Sylwester Czopek presents Prof. Cynarski with an award as a "Leader of the University of Rzeszow".

Los Angeles (USA), Nov. 12, 2016. **Jackie Chan** received an Honorary Oscar statuette 2016. This famous actor starred in over a hundred martial arts genre films. He is also a director and screenwriter.

### Conferences and Other Important Events / Konferencje i inne ważne wydarzenia

Rzeszow (PL), April 9, 2016. IPA 23<sup>rd</sup> General Assembly Commemoration Symposium: "Martial Arts in Scientific Research". A nationwide (organizer plus 8 centres) annual symposium with foreign guests was held. They included two plenary sessions and discussion panels. Dr *hab.* Kusnierz presented two interesting papers: *Odbiór społeczny i rozumienie sportów i sztuk walki w opiniach młodzieży szkolnej i osób dorosłych* and *Poziom agresji zawodników trenujących sporty/sztuki walki na tle rówieśników nietrenujących*. (Public perception and understanding of sports and martial arts in the opinions of schoolchildren and adults and Aggression in competitors practising sports / martial arts in comparison with their peers who do not do sport). Introductory papers were presented by Prof. Cynarski (on traditional fencing) and Dr Zbigniew Obmiński (about overtraining).

Copenhagen (DK), May 4-7, 2016. 13<sup>th</sup> EASS Conference: Sport in the City: Mobility, Urbanity and Social Change. There were only 2 papers about martial arts, by Prof. Cynarski: *Social structures in martial arts organizations*; and by T. Kitamura *et al.*: *The educational impact of budo as a compulsory program in Japanese junior high school*. During the Congress Prof. Cynarski was elected to the Board of the EASS for the next term.

Hockenheim (D), May 14-16, 2016. About 1000 participants gathered at the International Seminar celebrating 40 Years of the EWTO. Workshops were conducted by Grand Masters: Prof. Keith Kernspecht (WingTsun kung-fu), Prof. Bill Newman (escrima) and Prof. Jon Bluming (grappling).

Rzeszow, June 6, 2016. 15<sup>th</sup> Anniversary of the University of Rzeszow. The Senate of the University awarded the title of honorary professor to Prof. **Christain Lubke** (German slavist and historian), and several awards. Prof. **Cynarski** received two: the Rector's Award of the First Degree and the Award as "Leader of Rzeszow University" [photo 7]. Recollections of four rectors were published – S. Czopek [ed.] (2016), *Rektorskie refleksje. Rektorzy Uniwersytetu Rzeszowskiego o Uniwersytecie*, Rzeszow University press, Rzeszow. Ex-rectors, Professors T. Lulek, W. Bonusiak, S. Uliasz and A. Bobko were present in the auditorium and took questions.

Rzeszow, June 21, 2016. Symposium "Culture – Physical Culture – Humanities", Rzeszow 2016 was organised by the University of Rzeszow (Prof. Cynarski as Chairman) and IPA. Prof. Dr *hab.* **Andrzej Pawlucky** (AWF Wroclaw), as the invited keynote speaker, presented his lecture on the physical culture sciences, followed by an interesting discussion. Prof. Pawlucky received the Chivalrous Order "Homo Creator Nobilis" (no. 8) for his high level of humanity.

Rzeszow, June 23-24, 2016. "Near and far. Japanese culture as seen from Europe". The First International Interdisciplinary Conference about Japan at Rzeszow University was organised by the Institute of Philosophy and under the auspices of the IPA (patronage). Some





**Photo 8.** The first degree Gold Medal of Honour of IPA for Prof. Cynarski, *hanshi*, signed by Dr J. Slopecki, *hanshi* [courtesy of Mr P. Pawelec].

interesting papers were presented, as well as discussion on cultural reception and dialogue.

Chlapowo / Wladyslawowo (PL), July 24-30, 2016. The 24<sup>th</sup> Summer Camp of IPA. It was a methodological workshop on the *Idokan Yoshin-ryu Budo* educational system. Prof. Cynarski (*jujutsu* and *karate hanshi*) was the teacher, with the help of *sensei* Piotr Jaskolski (5 dan). Several people passed examinations for higher technical degrees.

Shaolin (PRC), August 2016. Delegation from the Faculty of PE, University of Rzeszow and IPA made a diagnostic survey among tourists and kung-fu practitioners in Shaolin Temple. More details and photo reportage will be published in this Journal soon.

Rzeszow, Sept. 2, 2016. To celebrate the 130th anniversary of T.G. “Sokol” in Rzeszow a conference and a drill show were held which included ways of wielding a combat scythe [photo 9].

Lublin (PL), Sept. 15<sup>th</sup>, 2016. The John Paul II Catholic University of Lublin hosted the scientific conference “Combat sports – philosophy, organisation, law”. UR and the IPA were represented by Prof. Wojciech J. Cynarski, Dr Gabriel Szajna and Przemyslaw Pawelec, MA.

Biskupice (PL), Sept. 28-29, 2016. Prof. Dr Marek Kazimierzak (AWF Poznan) organised the 7<sup>th</sup> conference on cultural tourism. This time the theme was: *The sports inspiration in cultural tourism*. Participants included: Professors Jerzy Kosiewicz, chairman of the plenary session, and Wojciech J. Cynarski, author of the plenary paper: *Typology of participant in martial arts tourism*.

Rio Maior (P), Oct. 6-8, 2016. Prof. Dr Antonio Vences de Brito and his team organised the 5<sup>th</sup> World Scientific Congress of Combat Sports and Martial Arts (5<sup>th</sup> International Conference of IMACSSS). Invited speakers included: W.J. Cynarski, Abel Figueiredo, Jose M. Garcia Garcia, Pierluigi Aschieri, and Oscar Martinez de Quel Perez. It was a very well prepared scientific event, with debates at a high scientific level.

Rzeszow (PL), Oct. 20-21. “Internationalisation – an opportunity and a challenge for Polish universities”. The first conference of the National Congress of Science.



**Photo 9.** Exercises with a combat scythe, Sept. 2016 [T.G. “Sokol”, Rzeszow].

The Ministry of Science and Higher Education organised this interesting conference at which foreign guests participated at Rzeszow University.

Chengdu (China), Oct. 27-28. 2016. International conference of the International Society of Eastern Sports & Physical Education. Prof. Chen Ning, President of Chengsu Normal Univ., was an organiser and professors from 10 countries joined in. The theme was the Western & Eastern perspectives in sport & physical education, and a reflection on modern sports. Prof. Jong-Young Lee's presentation explained the reasons why Western people are taking up Oriental martial arts [according to information from Prof. Lee].

### New Publications / Nowe publikacje

Manzenreiter Wolfram (2014), *Sport and body politics in Japan*, Routledge, New York – London, 316 pp.

The book concerns the impact of politics on the physical culture of Japan and neighbouring countries, with a focus on economic aspects, the Olympic Games and similar sports events. It contains some information on J. Kano and *judo*, less on *karate*, and nothing on *budo*. Particularly interesting is part 1.3 – on Japanese physical culture in the first half of the C 20<sup>th</sup> and the Epilogue (pp. 253-259) – on “Japanese sport and global body culture”.

Wilson William S. [ed.] (2014), *The swordsman's handbook: samurai teachings on the path of the sword*, Shambhala, Boston – London, 252 pp.

William Scott Wilson is the translator and editor of this book which contains writings by seven *kenjutsu* masters: Ito Ittosai Kagehisa, Takuan Soho, Yagyu Munenori, Miyamoto Musashi, Iba Zesuiken Hideaki, Issai Chozanshi, and Yamaoka Tesshu. It may be considered as a selection of source materials.

Bieszk Janusz (2015), *Słowiańscy królowie Lechii. Polska starożytna*, Bellona, Warsaw, 296 pp. [in Polish].

The author claims that pre-Christian Poland known as Lechia / Lechistan existed from the C18th BC. The book has a few interesting moments, but some arguments seem poorly justified.

Busko Krzysztof (2015), *Jumping abilities and the Power-velocity relationship in judo athletes: comparative analysis among age categories*, “Human Movement”, vol. 16, no. 2, pp. 78-82.

It concerns changes in neuromuscular coordination and information on optimal training control; it is an empirical study – an interesting contribution to the undertaken subject.

Cynarski Wojciech J. (2015), *Scientific Tourism from the Perspective of Visual Sociology*, Faculty of PE, University of Rzeszow, Rzeszow, 136 pp. [in Polish].

A book devoted to the tourism of scientific conferences, dedicated to the memory of Prof. Kazimierz Obodyski (who took most of the photos). This new book by Prof. Cynarski concerns scientific tourism as a form of cultural tourism. It includes, among others, a section dedicated to martial arts tourism and conferences on the subject. This is Volume 22 in the publishing series: the Lykeion Library.

Dubnov-Raz Gal, Mashlach-Arazi Yael, Nouriel Ariella, Raz Raanan, Constantini Naama W. (2015), *Can height categories replace weight categories in striking martial arts competitions? A pilot study*, “Journal of Human Kinetics”, vol. 47, pp. 91-98.

The idea seems interesting. In *nunchaku* sports competitions the use of height categories is justified, but in the case of *karate*, the issue is controversial.

Dziubinski Zbigniew (2015), *Sport and Tourism in the Roman Catholic Church using the example of the Salezjanska Organizacja Sportowa RP*, AWF & SALOS RP, Warsaw, 380 pp. [in Polish].

2015, saw the 200<sup>th</sup> anniversary of the birth of Saint John Bosco. To commemorate this occasion a special conference was held in Warsaw. Prof. Dziubinski also published this monograph. Overall, the book is dedicated to physical culture in the Church, but in particular it presents the activities of the organization referring to the teaching of John Bosco (education through sport). The organization SALOS RP makes sure that the prayer of Juvenalis: “Let us pray for a healthy mind in a healthy body” will come true.

Gumienna Roza, Kosendiak Jan, Kosendiak Aureliusz (2015), *Structure of the load in training microcycle female world champion in kick-boxing* [in:] M. Tomanek, S. Raniszewski [eds.], *Problemy kultury fizycznej – aspekty ekonomiczne, prawne, pedagogiczne*, ASIN, Bydgoszcz, pp. 87-96 [in Polish].

This case study concerns the work of optimizing training loads. An athlete's training loads were tested and physiological responses of her body measured. This is the only paper related to martial arts published in the volume of the “Academy of Sports and Science” (ASIN).

Kaminska Wioletta [ed.] (2015), *Innovation in rural tourism and new opportunities for employment in rural areas*. *Studies*, vol. CLXIII, Polish Academy of Sciences, Warsaw, 338 pp. [in Polish].

The Committee for National Spatial Planning of the Polish Academy of Sciences issued a collective work devoted to the popular concept of ‘innovation’ in relation to rural tourism. The texts regarding ‘art in the country’ and ‘culinary tourism’ appear to be interesting.

Kopecka-Piech Katarzyna [ed.] (2015), *Innovation in creative industries. Media and sport*, AWF, Wrocław, 280 pp. [in Polish].

The Academy of Physical Education in Wrocław has released this interesting book, which contains 12 papers divided into three sections: about the relationships between sports and media culture, business and practice. Two studies related to the research of MA / CS can be found here: Pawelec P.: *Wybrane aspekty profesjonalizacji mediów sportowych a przemysł kreatywny na przykładzie "mediów sztuk walki"* (Selected aspects of the professionalization of sports media and creative industries based on 'media arts' (pp. 203-220) and Fil L.: *Zastosowanie multimediów w procesie treningowym szermierzy w opinii trenerów w Polsce i Wielkiej Brytanii* (Application of multimedia in the process of training fencers according to coaches in Poland and the UK).

Light Richard, Evans John R., Harvey Stephen, Hassanin Rémy (2015), *Advances in rugby coaching: an holistic approach*, Routledge, London – New York, 210 pp.

Prof. Light, collaborating with the IPA and his colleagues prepared a manual on coaching and research. Both rugby and coaching need a holistic approach. This book seems very interesting and useful.

Marsden Richard (2015), *Polish Saber. The use of the Polish Saber on foot in the 17<sup>th</sup> century*, Tyrant Industries, USA, 238 pp.

The author is a historian and has been practising HEMA – Historical European Martial Arts. His book is interesting for hoplologists, martial arts students and researchers. The technical sphere is illustrated with many photos and figures. Polish names were also used (e.g. 'szlachta') and the book presents a piece of Polish culture.

Pasterniak Wojciech [ed.] (2015), "Dydaktyka Literatury i Konteksty", vol. 34, 116 pp. [in Polish, with English abstracts].

Volume 34 came out in April 2016. It contains a series of interesting studies by: Idzikowski B. – *Liberalizacja paradygmatu badań społecznych (The liberalization of the social research paradigm)*; Szoltysek A. – *Edukacja człowieka w kontekście nauk humanistycznych (The education of man in the context of the humanities)*, *Biokulturowe uwarunkowania człowieka (Bio-cultural determinants of a human being)*; Cynarski W.J. – *Między mitologią Śródziemia a antropologią (Between the mythology of Middle-earth and anthropology)*; Kobylecka E. – *Uniwersalny charakter rozważań Papieża Jana Pawła II na temat wychowania (The universal nature of the reflections of Pope John Paul II on education)*; Wolk Z. – *Nieregularność rozwoju zawodowego (Irregularity of professional development)*; Narkiewicz-Niedbałec E. – *Dobro jako wartość (Goodness as a value)*; Szyszko-Bohusz A. – *Funkcja współczesnej kultury fizycznej*

*w kształtowaniu osobowości społecznej (The function of contemporary physical culture in shaping social personality)*; Kataryńczuk-Mania L. – *Muzykoterapia (Music Therapy)*; Czechowski R. – *Muzykoterapia (Music Therapy)*; Bialek E.D. – *Żyjąc w świecie informacji (Living in a world of information)*; Klin E. *Mentalność pruska czy uniwersalna (Prussian or universal mentality)*; Gazdecka E. – *O kryminalne społecznym (About social criminal stories)*; Pasterniak W. – *(An eminent scholar has passed away)*.

Pawlucki Andrzej (2015), *Nauki o kulturze fizycznej*, Impuls, Krakow [in Polish], 294 pp.

This book by Prof. Pawlucki was awarded by the Ministry of Social Development. The author introduces the sciences of physical culture (and the sciences of medical culture) to the sciences of man. This is a serious ontological and sociological justification for physical education sciences.

Puchnarewicz Elzbieta [ed.] (2015), *Tourism in Poland*, The Higher School of Tourism and Foreign Languages in Warsaw, Warsaw, 168 pp.

The book by Prof. Puchnarewicz is both a recommended academic textbook and a tourist guidebook of Poland. It includes papers by 15 authors, divided into four thematic parts. This publication is very important for research into cultural tourism and in the context of cultural heritage and identity.

Skinner James, Edwards Allan, Corbett Ben (2015), *Research methods for sport management*, Routledge, London – New York, 366 pp.

A British-Australian cooperation resulting in an interesting book. Apart from qualitative, quantitative and mixed methods there are ideological concepts here, using postmodern deconstruction, gender and queer theory as methodology. However, some methods presented in the book can be useful, not only for sport management research.

Spring Charles (2015), *Martial Arts: Application in Higher Education*, Ex-L-Ence Publishing, England, 134 pp.

The author is a professor at the IMAS (UK). He is a karateka (6 dan) and specialist in the pedagogy of martial arts. He presents, *inter alia*, his model of experimental learning, and a case study of EWTO (the European WingTsun Organisation) programmes. Photos add autonomous value of the book.

Szmyd Jan (2015), *Zagrożone człowieczeństwo. Regresja antropologiczna w świecie ponowoczesnym*, The-saurus Silesiae, Katowice, 540 pp. [in Polish].

Prof. Szmyd, a brilliant philosopher from Cracow, has published another very good book. It is noteworthy in respect of the anthropology of martial arts. Chapter 5



is particularly interesting (*Przeptyw wyższych wartości w globalizującym się świecie. O homokreatywnych i edukacyjnych funkcjach sztuk walki*, pp. 219-232 / *Flow of higher values in the globalizing world. About the self-creative and educational functions of martial arts*), in which the author refers mainly to Wojciech J. Cynarski's anthropology of martial arts.

Vit Michal, Reguli Zdenko (2015), *The Role of Combatives Teaching in Physical Education*, Masaryk University, Faculty of Sport Studies, Brno, 128 pp.

The values of this book are essentially a synthesis of historical knowledge in the area, a reference to the pan-Slavic tradition of the Falcons (Sokol's organisations), comparing the PE systems in three countries, and the authors' own suggestions, both on theoretical concept and the curriculum. This is another rational voice for the dissemination of teaching 'combatives' in the context of school physical education. The book is recommendable for physical education teachers and researchers specialising in this kind of theme. More about: Cynarski W.J. (2016), *The Role of Combatives Teaching in Physical Education, by Michal Vit and Zdenko Reguli*, "Revista de Artes Marciales Asiaticas", vol. 11, no. 1, pp. 66-69.

Bujak Zbigniew (2016), *A review of the online version of Participation Motivations of Taekwondo Athletes/Students*, "Journal of the International Association for Taekwondo Research", vol. 3, no. 1, pp. 40-41.

Dr Bujak (7 dan ITF) has written this review of Zeng's and Cynarski's book that was published in the Journal of the IATR. It is information on the contents and evaluation (given 4 out of 5 stars).

Cynarski Wojciech J., Blazejewski Wojciech, Pasterniak Wojciech (2016), *Pedagogika nowoparadygmaticzna. W poszukiwaniu nowych inspiracji i aplikacji pedagogicznych. Monografia tematyczna*, Rzeszow University Press, Rzeszow [in Polish], 174 pp.

Professor Cynarski, Professor Pasterniak and Doc. Dr Blazejewski present a new paradigm of pedagogy to face today's challenges. The reviewer was Prof. Dr hab. Andrzej Szyszko-Bohusz. The book was prepared and published under the IPA system.

Czarny Wojciech [ed.] (2016), "Scientific Review of Physical Culture", vol. 6, no. 2.

The SRPC is published by the University of Rzeszow (Faculty of PE). This issue contains among others, an article by Wojciech J. Cynarski: EWTO Congress in Hockenheim 2016: trip to this event for the study of martial arts (pp. 119-123). It is about this important event, the *kung-fu* style created by Prof. Keith Kernspecht, and the tourism of martial arts. Another important fact is the publishing of this Journal in the IPA system.

Firek Wieslaw (2016), *Pierre de Coubertin's Philosophy of Olympism of*, Fall, Krakow [in Polish], 188 pp.

Dr W. Firek shows the ideology of Baron de Coubertin in an accessible way. It is a way to supplement and develop the monograph written by J. Lipiec: "Philosophy of Olympism" (1999).

Kazimierczak M. (2016), *Sports inspiration in cultural tourism*, AWF, Poznan [in Polish], 342 pp.

This is the next monograph on cultural tourism, connected with the 7<sup>th</sup> Scientific Conference on this area of interest. This interesting book contains 26 chapters. There are two texts on the tourism of martial arts: *Typology of participants in martial arts tourism* (by Cynarski, pp. 27-34), and *Kibicowskie turnieje sztuk walki/Supporters and martial arts tournaments* (by T. Sahaj, pp. 104-117).

Luczak Maciej (2016), *Fencing in Poland 1918-1945*, Wydawnictwo Poznanskie, Poznan [in Polish], 234 pp.

Prof. Luczak (Academy of Physical Education in Poznan) has written a monograph on sport fencing in Poland using an historical approach. A fragment dedicated to historical fencing and cold steel as well as the use of fencing in education between 1918 and 1945 seem particularly interesting.

Luczak Maciej (2016), *Fencing in Konin in the C20th and C21st (1966-2016)*, Setidava, Konin [in Polish], 376 pp.

This monograph was released to commemorate the 50th anniversary of fencing in Konin. Its author is both a participant in the events described and co-author of this history. It is worth emphasizing that from the methodological point of view it is a model study.

Luczak Maciej, Witkowski Mateusz [eds.] (2016), *Studies in Modern Competitive Fencing*, UAM, Poznan [in English], 122 pp.

The interdisciplinary set of 9 works focuses on fencing as a modern sport – for the challenges of 21<sup>st</sup> century. Prof. Wojciech J. Cynarski was a reviewer, and the publisher is the Adam Mickiewicz University Scientific Press

Maroteaux Roland J. [ed.] (2016), "Aiki Goshindo Kaishi", no. 71 [in French], 24+3 pp.

The new edition of this publication contains a report from the martial arts art contest (pp. 18-22). This subject inspires talented artists and brings good results.

Monumen [ed.] (2016), *Wschodnie sztuki walki: mistrzowie ostrzegają*, Wydawnictwo Monumen, Poznan – Warszawa [in Polish], 66 pp. + advertising pages.

This is not a scientific book, but two of the eight texts are written by independent lawyers/researchers. The study describes potential threats to the spirituality of practitioners, which would be the result of practising martial arts.



Among the co-authors of this slim book the only author whose text shows genuine knowledge of martial arts, is Father Dominik Chmielewski, 3 dan *karate* (pp. 20-32). Generally speaking, *karate* and *taekwondo* sports champions are confused with masters of martial arts.

Mor-Stabilini Sergio (2016), *The Ancient Art of the Japanese Sword. The ancient school of Tenshin Shōden Katori Shintō Ryū along the historical, cultural and spiritual path*, Jitakyoei Budo, Bergamo, 384 pp.

The author is a teacher of martial arts and leader of the International Jitakyoei Budo, Association and the European University of Martial Arts and Oriental Culture. His book is a big monograph, the result of 28 years of his own experience. It may be called the Treaty, and is rich in interesting research content and high-quality illustrations.

Ozog Zenon [ed.] (2016), *Słownik biograficzny profesorów Uniwersytetu Rzeszowskiego 2016*, Rzeszow University Press, Rzeszow, 204 pp. [in Polish].

This new lexicon contains profiles of professors collaborating with the IPA and IMACSSS, such as Wojciech J. Cynarski (p. 26) and Wojciech Czarny (p.28), and members of the Editorial Board, including Mieczysław Radochowski (p.137).

Polak-Palkiewicz Ewa (2016), *Powrót pańskiej Polski*, LTW, 400 pp. [in Polish].

This is an interesting, multi-thread sketch about Polish pride based on the “chivalrous, noble and civic traditions”.

Reche-Garcia Cristina (2016), *Fencing after school as a didactic proposal for attention deficit/hyperactivity disorder (ADHD)*, “Cultura, Ciencia, Deporte”, vol. 11, no. 33, pp. 217-224 [in Spanish].

The author describes the beneficial effects of fencing on the self-control of young people. Similar conclusions can be drawn from research on the impact of different varieties of martial arts practised especially in non-contact sport [Cynarski W.J., Obodynski K. (2004), *The influence of practising various combat sports on an increase in aggression or self-control* [in:] J. Kosiewicz, K. Obodynski [eds.], *Sports Involvement in Changing Europe*, PTNKE, Rzeszow, pp. 171-181].

Siwinska Bianka, Zimnak Marek [eds.] (2016), *Time for Institutionalization. Challenges for Polish Universities*, Elipsa, Warsaw, 308 pp. [in Polish].

There are new challenges for institutional science and academic teaching. Because of European integration the institutions are more and more open to foreign students and scientists, with support of the appropriate Ministry.

Srodulska-Wielgus Jadwiga (2016), *Rola turystyki kulturowej w ochronie i udostępnianiu krajobrazu warownego*, Politechnika Krakowska, Krakow [in Polish], 238 pp.

The book came out in the publishing series *Architecture*, as monograph no. 470. The title “fortified landscape” is a concept in the architectural design of space. The content of the book refers mainly to the tourist attractiveness of forts and modern fortifications, but only to a (too) small degree to the medieval fortresses and the surrounding areas.

Zablocki Wojciech (2016), *Walki samurajów w akwarelach Wojciecha Zabłockiego*, Muzeum Sportu i Turystyki w Warszawie, DEM Druk, Lubsko, 6 pp. + 9 cards [in Polish and English].

The Museum of Sport and Tourism has released a series of watercolours by W. Zablocki in the form of postcards. These are samurai fights with various weapons shown in the style of *ukiyo-e*. The author of the watercolours once fought with K. Ando (*kendo*) and Wojciech J. Cynarski (*kenjutsu*).

Zeng Howard Zhenhao, Cynarski Wojciech J. (2016), *Participation Motivations of Taekwondo Athletes / Students*, LAP/Lambert Academic Publishing, Saarbrücken, 124 pp.

The result of US-Polish studies, conducted under the auspices of the IMACSSS was a book on the motivation of *taekwondo* practitioners. This book consists of six chapters and contains a theoretical framework and the results of the authors’ own research.

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## Fakty i komentarze 2016

**Słowa kluczowe:** wydarzenia, ludzie sztuk walki, konferencje, nowe publikacje, IPA

### Abstrakt

Opis i ocena dotyczą zwłaszcza wydarzeń z okresu od grudnia 2015 do października 2016, oraz najnowszej literatury przedmiotu z lat 2014-2016. Treść dotyczy kolejno – wspomnienia ważnych postaci sztuk walki, które odeszły; awansów naukowych i awansów w sztukach walki; przyznanych nagród i odznaczeń; przyjęcia nowych członków do Stowarzyszenia Idokan Polska (SIP); konferencji i innych ważnych wydarzeń. Następnie przedstawione są noty o nowych publikacjach z ich krótką recenzją. Jest to nie tylko faktografia, ale także wartościowanie, wynikające z doboru wydarzeń i literatury oraz ocen merytorycznych.