

IMPACT OF POST-HARVEST PROCESSING AND STORING OF POTATO TUBERS ON TOXIC COMPOUNDS ACCUMULATION

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ABSTRACT

Despite a long-term reduction trend, the potato production in Poland compared to EU countries is still very high. Therefore, the aim of the paper was to investigate the impact of mechanical damages and light for various genotypes on glycoalkaloids accumulation. Glycoalkaloids are toxic steroid glycosides that naturally occur in the family of *Solanaceae*. According to many authors, their presence in plants is related to resistance to a physiological stress inflicted by mechanical damages and infections caused by some microorganisms and insects. The TGA content above 200 mg·kg⁻¹ in a fresh mass of potatoes is an upper limit that guarantees health safety of food. Studies were carried out on 28 potato cultivars divided into 4 groups. The studies that were carried out after harvesting and after 5 months of storage in the experimental storage room in the temperature of 8°C showed an impact of damages and exposition to light of potato tubers on the content of glycoalkaloids.

Introduction

Total Glyco Alkaloids (TGA) Are toxic nitrogen steroid glycosides which naturally occur in plants of Solanaceae family. They are mainly represented by α -chaconine (60%) and α -solanine (40%), which are commonly called solanine (D'Mello, 1997; Friedman and Mc Donald, 1997; Friedman, 1992). Presence of these compounds was found in potato leaves, stems, flowers, and tubers (Kumar et al., 2017). These substances increase the resistance of plants to bacterial and fungi diseases and some pests. This activity, however, has not been clearly confirmed (Friedman and Mc Donald, 1997; Friedman, 1992).

The content of glycoalkaloids in tubers exceeding 140 mg·kg⁻¹ of fresh mass included deterioration of the potato taste - a bitter taste has been confirmed (Friedman and Mc Donald,

1997). TGA concentrate usually in the potato skin or just beneath it, therefore removal of the skin considerably reduces their content (even to 90%). It has a great meaning in human feeding since consumption of potatoes with glycoalkaloids may cause damage to the digestive tract and nervous system. The symptoms of poisoning include throat irritation, stomach pains, nausea, vomiting, diarrhoea, weakening and neurological problems (D'Mello, 1997; Percival, 1999; Zgórska et al. 2006). In majority of the European Countries, including Poland, a safe content of glycoalkaloids in potato tubers was assumed as the amount of $100 \text{ mg}\cdot\text{kg}^{-1}$ of fresh mass.

The current studies proved that the content of glycoalkaloids in tubers is preconditioned with genetic factors (cultivar) (Olsson, 1986) and environmental ones such as e.g. a place of cultivation, degree of maturity, size of tubers and fertilization. The main factors which influence the synthesis of these compounds in mature tubers after harvesting are mechanical damages to which tubers are exposed during harvesting and sorting (Nie et al., 2019; Frydecka-Mazurczyk and Zgórska, 1999; Zgórska et al., 2006). Among others climate, environment, temperature and storage time influence the glycoalkaloids synthesis to a lesser degree (Griffiths, 1997; Papathanasiou et al., 1999).

The objective of the paper was to investigate the impact of mechanical damages and light for various genotypes on accumulation of glycoalkaloids.

Material and research methods

28 potato cultivars of various groups of maturity were a research material (9 very early cultivars, 7 early, 5 average early, 7 average late cultivars). The content of glycoalkaloids in tubers was determined shortly after harvesting and after 5 months of storage in the experimental storage room in the temperature of 8°C . Tubers were subjected to mechanical loads in the mechanical rotational drum (causing damages similar to the ones that occur on the sorting line) and a week-long light exposition under 15 W with a fluorescent lamp that simulates a supermarket lighting (density of photons stream $13 \mu\text{mol m}^{-2}\cdot\text{s}^{-1}$). The content of glycoalkaloids was determined with a spectrophotometric method with ortho-phosphoric acid (Bergers, 1980). The impact of the investigated factors was determined with the use of F Snedecor test for the fixed model.

Results and discussion

The studies present the impact of the genotype on the glycoalkaloids accumulation caused by mechanical damage and light. Experimental results were set in table 1.

The investigated cultivars differed with the glycoalkaloids content in tubers after harvesting. Levels of these compounds in tubers were from $41.75 \text{ mg}\cdot\text{kg}^{-1}$ for very early cultivars to $59.70 \text{ mg}\cdot\text{kg}^{-1}$ for mid/early cultivars. The analysis of the impact of damages and cultivars on the glycoalkaloids content was presented in figure 1.

Table 1.
Glycoalkaloids content ($\text{mg}\cdot\text{kg}^{-1}$ of fresh mass) after harvesting and after 5 months of storage

Cultivars	Tubers after harvesting				Tubers after 5 months of storage in 8°C			
	Not damaged + darkness	Damaged + light	TGA increase (damaged + light)	% TGA increase	Not damaged + darkness	Damaged + light	TGA increase (damaged + light)	% TGA increase
Very early	41.75	96.00	54.25	129.94	51.25	121.25	70.00	136.59
Early	45.33	96.00	50.67	111.78	49.66	119.00	69.34	139.63
Mid/early	59.70	138.10	78.40	131.32	65.30	159.20	93.90	143.80
Mid/late	46.88	101.00	54.12	115.44	51.63	126.50	74.87	145.01

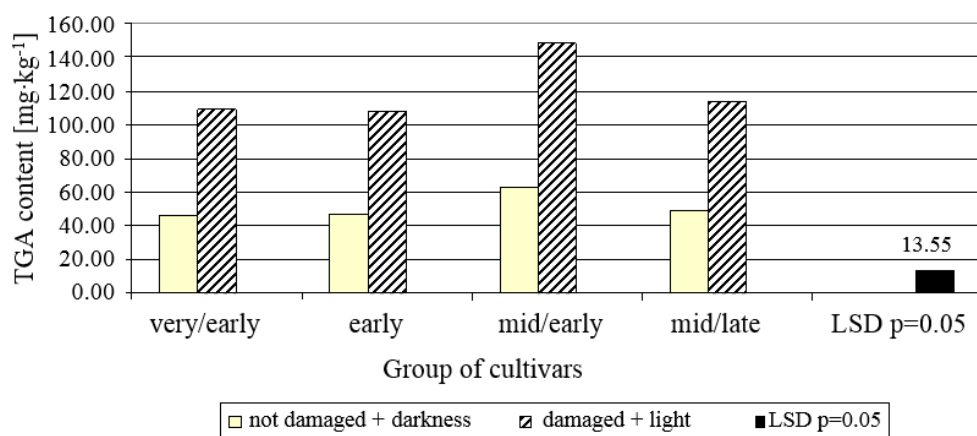


Figure 1. Impact of damages and cultivars on the glycoalkaloids content in potato tubers

Under the influence of mechanical damage and a week-long exposure to light, the content of toxic compounds increased to over 100% in all investigated cultivars. The highest increase was observed in case of mid/early cultivars (131.32%) after harvesting. The TGA content in those cultivars exceeded $150\text{ mg}\cdot\text{kg}^{-1}$. Discussions on the safety recommend that the level of those anti-nutritional compounds in edible potato tubers was higher than $100\text{ mg}\cdot\text{kg}^{-1}$ of fresh mass (Friedman and Mc Donald, 1997). Such a considerable increase of the glycoalkaloids content in tubers is confirmed also by such research results of other authors (Dale et al., 1993). However, serious damages, that cause crushing and smashing of tubers are responsible for initiation of the synthesis of glycoalkaloids to a much higher degree (external damage)

(D'Mello, 1997). On the other hand, according to Dale et al. (1993), internal damages cause a serious increase in the content of chlorogenic acid and glycoalkaloids even by 130%.

The glycoalkaloids content in tubers is preconditioned by genetic and environmental factors, i.e. maturity of tubers, mechanical damage, weather conditions during vegetation and temperature of storage (Griffiths et al., 1994; Frydecka-Mazurczyk and Zgórska, 1995). Potato tubers after harvesting should have possibly the lowest content of these compounds since under the influence of stress caused by light and mechanical damages, a sudden increase of these components in tubers takes place Dale et al., 1993; Frydecka-Mazurczyk and Zgórska, 2001; Percival and Dixon, 1996). Figure 2 presents an impact of the stress factors and storage on accumulation of glycoalkaloids in tubers of the tested cultivars.

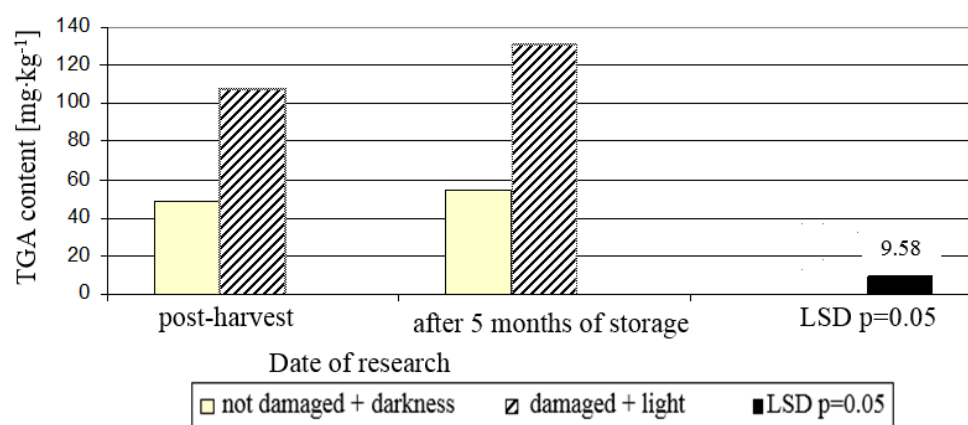


Figure 2. Impact of damages and storage on the glycoalkaloids content in potato tubers.

Based on the studies it was concluded that during storage the glycoalkaloids content in tubers increased and stress factors caused an additional increase of this content. In all the investigated potato tubers an increase of the glycoalkaloids content after 5 months of storage in the temperature of 8°C was reported, however it was the lowest in case of early cultivars. Mechanical damages and exposure to light influences the accumulation of those toxic compounds in tubers. The highest percentage of the TGA increase was reported in tubers of average late cultivars (145.01%). However, the glycoalkaloids content in the group of average early cultivars was at the highest level which was similar to the limit that guarantees food health safety. TGA accumulation could have been influenced by not only a cultivar or the storage time but also temperature of storage. Since, it was found out that a high storage temperature (8°C) limits the content of reducing sugars, however, after the storage, deterioration of the tubers quality caused by the loss of turgor and increase of the glycoalkaloids content as a result of biochemical shifts related to germination and the processed of ageing of tubers is observed (Zgórska and Sowa-Niedziałkowska, 2005).

In consumption purposes before sale, it is recommended to separate tubers with more serious damages from the rest of the batch. A type of the caused damages and their effect that shows in the increase of the TGA concentration is a constantly discussed issue by farmers

and sellers. It is significant to minimize the light exposure and sources of damage to potato tubers during the production process.

Conclusions

The studies that were carried out showed an impact of damage and exposure to light of potato tubers on the glycoalkaloids content. Based on the obtained results, the following conclusions can be made:

1. Mechanical damage and exposure to light influenced the increase of synthesis of glycoalkaloids in tubers.
2. Tubers of early cultivars had a lower ability to accumulate these compounds caused by stress factors.
3. The storage time influenced the increased TGA concentration in tubers of the investigated cultivars.
4. The highest concentration of glycoalkaloids was in case of mid/ late tubers stored for 5 months in the temperature of 8°C.

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WPLYW OBRÓBKI POZBIOROWEJ I PRZECHOWYWANIA BULW ZIEMNIAKA NA AKUMULACJĘ TOKSYCZNYCH ZWIĄZKÓW

Streszczenie. Mimo wieloletniego trendu spadkowego, produkcja ziemniaków w Polsce jest, na tle krajów UE, w dalszym ciągu bardzo wysoka, dlatego celem pracy było zbadanie wpływu uszkodzeń mechanicznych i działania światła dla różnych genotypów na akumulację glikoalkaloidów. Glikoalkaloidy są toksycznymi glikozydami sterydowymi naturalnie występującymi w rodzinie *Solanacea*. Zdaniem wielu autorów ich obecność w roślinach wiąże się z odpornością na stres fizjologiczny wywołany uszkodzeniami mechanicznymi oraz infekcjami spowodowanymi przez niektóre mikroorganizmy i owady. Zawartość TGA powyżej 200 mg/kg w świeżej masie ziemniaków stanowi górną granicę gwarantującą bezpieczeństwo zdrowotne żywności. Badania przeprowadzono na 28 odmianach ziemniaka podzielonych na 4 grupy. Badania przeprowadzone po zbiorze i po 5 miesiącach przechowywania w przechowalni doświadczalnej w temperaturze 8°C wykazały wpływ uszkodzeń i ekspozycji na światło bulw ziemniaka na zawartość glikoalkaloidów.

Słowa kluczowe: uszkodzenia mechaniczne bulw, działanie światła na bulwy, przechowywanie bulw